




March 2010

Lunch

SUN	MON	TUES	WED	THURS	FRI	SAT
	1 Salisbury Steak Yam Patty* Broccoli Mango/Milk	2 Barbeque Chicken Corn Lima Beans Roll/Milk	3 Toasted Cheese Sandwich Chicken Noodle Soup Tangerines/Milk	4 Turkey Meatballs* Mashed Potatoes Green Peas Roll/Milk	5 Pinto Beans Rice Tossed Salad Cornbread/Milk	6 
7 	8 Bean & Cheese* Burritos Corn 1/2 Pear/Milk	9 Chili w/Beans Sweet Peas Apple Wedges Corn Bread/Milk	10 Ham Sandwich Tomato Soup Bananas/Milk **Cheese Sandwich	11 CLOSED	12 CLOSED	13
14	15 Macaroni & Cheese Broccoli Apple Slices Corn Bread/Milk	16 Chicken Stir Fry Rice Pineapple Milk **Veggie Stir Fry	17 BBQ Chicken Lima Beans Kiwi/Roll Milk **Veggie Sticks	18 Toasted Cheese Sandwich Tomato Soup* Mango	19 Beef & Noodles Green Beans 1/2 Pear Garlic Bread/Milk **Noodles & Gravy	20
21	22 Cheese Burgers* w/ bun Veggies w/ Dip Bananas/Milk **Veggie Burger	23 Baked Ham Sweet Peas Yams Rolls/Milk **Veggie Sticks	24 Turkey & Cheese Sandwich Potato Soup Orange Wedges/Milk **Cheese Sandwich	25 Spaghetti w/ Meat Sauce Tossed Salad Sliced Peaces/Milk **Red Sauce	26 Bean & Cheese* Burritos Corn 1/2 Pear/Milk	27
28 	29 Cheese Quesadillas Tossed Salad Cantaloupe Milk	30 Cheese Pizza Veggies w/ Dip Peaches Milk	31 Macaroni & Cheese Broccoli Apple Slices Corn Bread/Milk			29 

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Snacks

SUN	MON	TUES	WED	THURS	FRI	SAT
	1 AM: Cheese Toast/Milk PM: Banana Muffin/Milk	2 AM: Oatmeal Bananas PM: Graham Crackers/Milk	3 AM: Rice Krispies Milk PM: Humus Cucumber Slices	4 AM: French Toast Applesauce PM: Rice Cakes Kiwi	5 AM: Scrambled Eggs English Muffins PM: Apple Wedges Cheese Slices	6 
7 	8 AM: Cheese Grits Milk PM: Saltines Edamame	9 AM: Rice Krispies Milk PM: Peaches Yogurt	10 AM: English Muffins Applesauce PM: Graham Crackers Milk	11 CLOSED	12 CLOSED	13
14	15 AM: Cheerios Milk PM: Humus Pita	16 AM: Scrambled Eggs Biscuit PM: Rice Cakes Mandarin Oranges	17 AM: Yogurt Tropical Fruit PM: Goldfish Grape Juice	18 AM: Oatmeal Spiced Apples PM: Blueberry Muffins/Milk	19 AM: Cinnamon Raisin Bagels w/ Cream Cheese/Milk PM: Wheat Thins Cucumbers w/dip	20
21	22 AM: Raisin Bran Milk PM: Graham Crackers/Applesauce	23 AM: Scrambled Eggs Biscuits PM: Edamame Saltines	24 AM: Oatmeal Mixed Fruit PM: Cheez-its AppleCranberry Juice	25 AM: French Toast Applesauce PM: Rice Cakes Kiwi	26 AM: Grits Peaches PM: Bran Muffins Milk	27
28 	29 AM: Yogurt Diced Peaches PM: Humus Pita	30 AM: Waffles Spiced Apples PM: Orange Wedges Saltines	31 AM: Cheerios Milk PM: Banana Muffin/Milk			29 