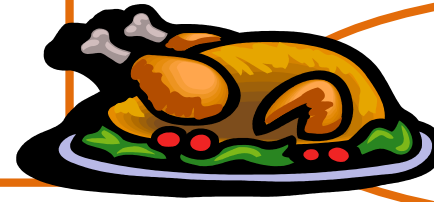


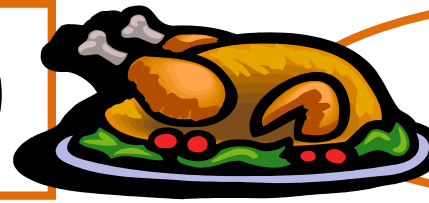
November 2010



Lunch

SUN	MON	TUES	WED	THURS	FRI	SAT
	1 Turkey Meatballs* Mashed Potatoes Tossed Salad Wheat Roll/Milk **Veggie Meatballs	2 <p style="text-align: center;">CLOSED</p>	3 Turkey Wrap Fresh Broccoli & Dip Fresh Apples/Milk **Cheese Wrap	4 Chicken Stir Fry Rice Pineapple Milk **Veggie Stir Fry	5 Breakfast Lunch Scrambled Eggs Turkey Bacon Wheat Toast ½ Pear **Veggie Bacon	6
7	8 Turkey Sandwich Creamy Potato Soup Fresh Apples Milk **Cheese Sandwich	9 Gr. Turkey & Noodles Sweet Peas Fresh Cantaloupe Milk **Noodles & Gravy	10 Ham & Cheese Sandwich Cream of Broccoli Soup Fresh Tangerines Milk	11 Cheese Quesadillas Fresh Peppers w/dip Fresh Apples/Milk	12 Spaghetti Meat Sauce Tossed Salad Fresh Oranges Milk **Red Sauce	13
14	15 Toasted Cheese Sandwich Tomato Soup Fresh Pears Milk	16 Pinto Beans Rice Spring Salad Cornbread/Milk	17 Falafel Pita Cucumber Slices Peaches Milk	18 Cheese Ravioli Creamy Pesto Sauce Sweet Peas Tangerines Wheat Roll/Milk	19 Sliced Turkey Mashed Potatoes Cranberry Sauce Cornbread Dressing Peas/Milk	20
21	22 Macaroni & Cheese Green Beans Fresh Tangerines Milk	23 Panini Cheese Pizza Broccoli w/ Dip Mandarin Oranges Milk	24 <p style="text-align: center;">CLOSED</p>	25 <p style="text-align: center;">CLOSED</p>	26 <p style="text-align: center;">CLOSED</p>	27
28	29 Meatball Subs Steamed Broccoli Fresh Pears Milk **Veggie Meatballs	30 Turkey Pot Roast Scalloped Potatoes Green Beans Wheat Rolls Milk **Veggie Patty				

November 2010



Snacks

SUN	MON	TUES	WED	THURS	FRI	SAT
	1 am: cinnamon toast milk pm: graham crackers/applesauce	2 CLOSED	3 am: scrambled eggs wheat toast pm: wheat crackers cheddar slices	4 am: yogurt granola pm: tropical juice cheez-its	5 am: milk wheat toast pm: hummus Cucumber slices	6
7	8 am: cheese toast milk pm: graham crackers/applesauce	9 am: Rice Krispies milk pm: goldfish grape juice	10 am: Cheerios milk pm: hummus pita	11 am: waffles spiced apples pm: cheddar slices wheat crackers	12 am: yogurt granola pm: sweet peppers bean dip	13
14	15 am: blueberry muffins/milk pm: veggies w/dip juice	16 am: French toast applesauce pm: hummus pita	17 am: yogurt bananas pm: edamame Wheat crackers	18 am: wheat pancakes pineapple sauce pm: Triscuits Swiss cheese	19 am: raisin bran milk pm: graham crackers/bananas	20
21	22 am: Cinnamon Raisin Bagels w/Cream Cheese/Milk pm: wheat thins Cucumbers w/dip	23 am: English muffins applesauce Early Dismissal	24 CLOSED	25 CLOSED	26 CLOSED	27
28	29 am: cinnamon toast milk pm: rice cakes applesauce	30 am: yogurt granola pm: goldfish grape juice				