

# Guide for New Parents



THE UNIVERSITY OF GEORGIA  
**COOPERATIVE EXTENSION**  
Colleges of Agricultural and Environmental Sciences & Family and Consumer Sciences

*Support new  
or growing  
military families  
by arming them  
with this helpful  
resource!*

**Our 25 page color publication features expert information on:**

- What to expect the first month
- Building family relationships
- Budgeting for babies
- Finding quality child care
- Breast and bottle feeding
- Home and car safety

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