

Making the Most of Your Food Dollars

Shopping Around

Get together with a friend and select three of your favorite foods that are sold in a variety of food stores. Visit three or four of these different types of food stores, (Supermarket, local grocery store, roadside markets, cooperatives and 24-hour convenience stores). Compare the differences in cost for each of your three favorite foods.

How did you do?

What did you discover about shopping at different types of food stores?

Price _____

Convenience _____

Food Quality _____



Store	Food Item	Cost
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

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