

Experience

Family & Consumer Sciences

University of Georgia
Extension

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Education: B.S. in Chemical Engineering—University of Pittsburgh, 2012. M.S. in Food Science and Technology—University of Georgia, 2015

Programming focus: Chronic Disease Prevention/Healthy Lifestyles, Food Safety and Preservation, Positive Development for Individuals, Families and Communities

In Rockdale County, FACS programming focuses on healthy aging, nutrition/chronic disease prevention and food safety. Activities at the senior center include crocheting and quilting for continued dexterity and socialization, as well as various health and nutrition education. A partnership with Rockdale Emergency Relief provides an outlet for teaching healthy produce washing techniques, as well as healthy recipes for fruits and vegetables grown and donated by Rockdale Master Gardeners. Additionally, the FACS agent coaches Rockdale's 4-H consumer judging team to help our youth develop skills in marketplace decision making.

(Facebook) as a platform. **County media:** Telfair Enterprise

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