

Experience

Family & Consumer Sciences

University of Georgia
Extension

Early County Extension
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Education: Present – Jan. 2019, Masters of Public Administration, University of North Georgia; July 2012, Bachelor of Science, Troy University; July 2009, Associate of Science, Darton College

Programming focus: Chronic Disease Prevention/Healthy Lifestyles; Food Safety and Preservation; Positive Development for Individuals, Families, and Communities.

With a nearly 30% poverty rate in Early County, nutrition and healthy lifestyles will be a focus for the Early County Family and Consumer Science agent. Being able to teach healthy eating and lifestyle choices to members of the community will guide them to make better health choices to improve overall health and reduce the risk of chronic disease. Along with nutrition and healthy lifestyles is the need for positive development for individuals and families within the community. Providing education for healthy living along with how to develop positive relationships will encourage the positive development for all members of the community. The need for food safety education will also be a focus within food establishments, as well as, for members of the general public.

County media: Early County News